

Instructions for consumption of Tonic Attack!

We suggest that you take 1 fluid ounce per day – as per the small ‘shot-cup’ provided. You can take more, but space it out, and remember the ounce is considered equivalent to 23 ounces of fresh vegetable juiced! One will be a good support system for your body, replenishing its enzymes and whole mechanism.

It will be much better if taken on an empty stomach, with the temptation to flush it through resisted for as long as possible! The taste is actually much sweeter than you may imagine – roots and leaves are full of sugars, and that means all of them, not just the simple ones we normally take.

Enjoy!

Oliver Dowding, Tonic Attack Ltd, Hill Farmhouse, Shepton Montague, Wincanton, Somerset, BA9 8JW. 01749812652/07966456244